

Trigonometria II

Cosseno e Seno da Soma

2º ano E.M.

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1 Exercícios Introdutórios

Exercício 1. Se $\sin(a + b) = \sin a \cos b + \sin b \cos a$, para dois arcos a e b , então qual o $\sin(2a)$?

- a) $\sin a \cos a$.
- b) $2 \sin a \cos a$.
- c) $\frac{\sin a \cos a}{2}$.
- d) $\sin a + \cos a$.
- e) $\sin a - \cos a$.

Exercício 2. Sejam dois ângulos a e b , tais que $\sin a = \frac{3}{5}$, $\cos a = \frac{4}{5}$, $\sin b = \frac{5}{13}$ e $\cos b = \frac{12}{13}$. Quanto vale $\sin(a + b)$?

- a) $\frac{56}{65}$.
- b) $\frac{57}{65}$.
- c) $\frac{58}{65}$.
- d) $\frac{59}{65}$.
- e) $\frac{61}{65}$.

Exercício 3. $\sin 15^\circ$ é igual a:

- a) $\frac{\sqrt{6} + \sqrt{2}}{4}$.
- b) $\frac{\sqrt{6} - \sqrt{2}}{4}$.
- c) $\frac{\sqrt{6} + \sqrt{2}}{2}$.
- d) $\frac{\sqrt{6} - \sqrt{2}}{2}$.
- e) $\frac{\sqrt{3} + \sqrt{2}}{4}$.

Exercício 4. Quanto vale $\cos 15^\circ \cos 45^\circ - \sin 15^\circ \sin 45^\circ$?

- a) $-\frac{1}{2}$.
- b) $\frac{1}{2}$.
- c) $-\frac{\sqrt{3}}{2}$.
- d) $\frac{\sqrt{3}}{2}$.

e) $\frac{\sqrt{2}}{2}$.

Exercício 5. Se $\operatorname{tg} a = 2$, então $\operatorname{tg}(2a)$ é:

- a) $\frac{4}{3}$.
- b) $\frac{3}{4}$.
- c) $-\frac{3}{4}$.
- d) $-\frac{4}{3}$.
- e) $\frac{2}{5}$.

Exercício 6. Calcule $\cos\left(\frac{\pi}{12}\right)$ e $\operatorname{tg}\left(\frac{\pi}{12}\right)$.

2 Exercícios de Fixação

Exercício 7. Determine $\cos 105^\circ$.

Exercício 8. Sejam dois arcos x e $2x$, ambos do 1º quadrante, tais que $\sin(2x) = \frac{1}{3}$. Determine $\sin x$.

Exercício 9. Se $\sin x + \cos x = \frac{5}{6}$, então $\sin(2x)$ é igual a:

- a) $-\frac{7}{36}$.
- b) $-\frac{11}{36}$.
- c) $-\frac{13}{36}$.
- d) $-\frac{17}{36}$.
- e) $-\frac{19}{36}$.

Exercício 10. Calcule $\sin 10^\circ \cdot \sin 50^\circ \cdot \sin 70^\circ$.

- a) $-\frac{5}{13}$.
- b) $-\frac{5}{12}$.
- c) $\frac{5}{13}$.
- d) $\frac{5}{12}$.
- e) 0,334.

Exercício 11. Calcule

$$\cos 36^\circ - \cos 72^\circ.$$

Exercício 12. Seja $\frac{\sqrt{3}-1}{\sin x} + \frac{\sqrt{3}+1}{\cos x} = 4\sqrt{2}$, onde $x \in [0, 360^\circ]$, determine x .

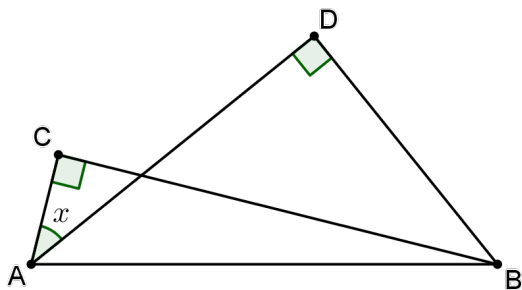
Exercício 13. Calcule $\cos^4\left(\frac{\pi}{24}\right) - \sin^4\left(\frac{\pi}{24}\right)$.

3 Exercícios de Aprofundamento e de Exames

Exercício 14. O valor de $\cos 735^\circ$ é:

- a) $\frac{1}{4}$.
- b) $\frac{\sqrt{3}}{4}$.
- c) $\frac{\sqrt{2} + \sqrt{6}}{4}$.
- d) $\frac{\sqrt{2} - \sqrt{6}}{4}$.

Exercício 15. Nos triângulos retângulos da figura, $AC = 1$ cm, $BC = 7$ cm, $AD = BD$. Sabendo que $\sin(a - b) = \sin a \cos b - \cos a \sin b$, o valor de $\sin x$ é:



- a) $\frac{\sqrt{2}}{2}$.
- b) $\frac{7}{\sqrt{50}}$.
- c) $\frac{3}{5}$.
- d) $\frac{4}{5}$.
- e) $\frac{1}{\sqrt{50}}$.

Exercício 16. Sabendo que $\pi < x < \frac{3\pi}{2}$ e $\sin x = -\frac{1}{3}$, é correto afirmar que $\sin(2x)$ é:

- a) $-\frac{2}{3}$.
- b) $-\frac{1}{6}$.
- c) $\frac{\sqrt{3}}{8}$.
- d) $\frac{1}{27}$.
- e) $\frac{4\sqrt{2}}{9}$.

Exercício 17. Se $\sin x = -\frac{2}{3}$, $\cos(2x) \cdot \sin(-x)$ é:

- a) $\frac{2}{9}$.
- b) $\frac{2}{27}$.
- c) $-\frac{2}{9}$.
- d) $-\frac{2}{27}$.
- e) $-\frac{9}{27}$.

Exercício 18. Os lados a , b e c de um triângulo estão em progressão aritmética, nesta ordem, sendo opostos aos ângulos internos α , β e θ , respectivamente. Determine o valor da expressão:

$$\frac{\cos \frac{\alpha - \theta}{2}}{\cos \frac{\alpha + \theta}{2}}$$

- a) $\sqrt{2}$.
- b) 2.
- c) $2\sqrt{2}$.
- d) 3.
- e) 4.

Exercício 19. Seja n um inteiro positivo tal que $\sin \frac{\pi}{2n} =$

$$\sqrt{\frac{2 - \sqrt{3}}{4}}$$

- a) Determine n .
- b) Determine $\sin \frac{\pi}{24}$.

Respostas e Soluções.

1. B.

2.

$$\begin{aligned}\sin(a+b) &= \sin a \cos b + \sin b \cos a \\ &= \frac{3}{5} \cdot \frac{12}{13} + \frac{5}{13} \cdot \frac{4}{5} \\ &= \frac{36}{65} + \frac{20}{65} \\ &= \frac{56}{65}.\end{aligned}$$

Resposta A.

3.

$$\begin{aligned}\sin 15^\circ &= \sin(45^\circ - 30^\circ) \\ &= \sin 45^\circ \cos 30^\circ - \sin 30^\circ \cos 45^\circ \\ &= \frac{\sqrt{2}}{2} \cdot \frac{\sqrt{3}}{2} - \frac{1}{2} \cdot \frac{\sqrt{2}}{2} \\ &= \frac{\sqrt{6}}{4} - \frac{\sqrt{2}}{4} \\ &= \frac{\sqrt{6} - \sqrt{2}}{4}.\end{aligned}$$

Resposta B.

4. $\cos 15^\circ \cos 45^\circ - \sin 15^\circ \sin 45^\circ = \cos(15^\circ + 45^\circ) = \cos 60^\circ = \frac{1}{2}$. Resposta B.

5.

$$\begin{aligned}\operatorname{tg}(2a) &= \frac{2 \operatorname{tg} a}{1 - (\operatorname{tg} a)^2} \\ &= \frac{2 \cdot 2}{1 - 2^2} \\ &= \frac{4}{-3} \\ &= -\frac{4}{3}.\end{aligned}$$

Resposta D.

6. (Extraído da Vídeo Aula)

$$\begin{aligned}\cos \frac{\pi}{12} &= \cos 15^\circ \\ &= \cos(45^\circ - 30^\circ) \\ &= \cos 45^\circ \cdot \cos 30^\circ + \sin 45^\circ \cdot \sin 30^\circ \\ &= \frac{\sqrt{2}}{2} \cdot \frac{\sqrt{3}}{2} + \frac{\sqrt{2}}{2} \cdot \frac{1}{2} \\ &= \frac{\sqrt{6} + \sqrt{2}}{4}.\end{aligned}$$

$$\begin{aligned}\operatorname{tg} \frac{\pi}{12} &= \operatorname{tg} 15^\circ \\ &= \operatorname{tg}(45^\circ - 30^\circ) \\ &= \frac{\operatorname{tg} 45^\circ - \operatorname{tg} 30^\circ}{1 + \operatorname{tg} 45^\circ \cdot \operatorname{tg} 30^\circ} \\ &= \frac{1 - \frac{\sqrt{3}}{3}}{1 + 1 \cdot \frac{\sqrt{3}}{3}} \\ &= \frac{3 - \sqrt{3}}{3 + \sqrt{3}} \\ &= \frac{3 - \sqrt{3}}{3 + \sqrt{3}} \cdot \frac{3 - \sqrt{3}}{3 - \sqrt{3}} \\ &= \frac{9 - 6\sqrt{3} + 3}{9 - 3} \\ &= 2 - \sqrt{3}.\end{aligned}$$

7.

$$\begin{aligned}\cos 105^\circ &= \cos(60^\circ + 45^\circ) \\ &= \cos 60^\circ \cdot \cos 45^\circ - \sin 60^\circ \cdot \sin 45^\circ \\ &= \frac{1}{2} \cdot \frac{\sqrt{2}}{2} - \frac{\sqrt{3}}{2} \cdot \frac{\sqrt{2}}{2} \\ &= \frac{\sqrt{2} - \sqrt{6}}{4}.\end{aligned}$$

8. Se $\sin(2x) = \frac{1}{3}$, então $\cos(2x) = \frac{2\sqrt{2}}{3}$. Temos, assim:

$$\begin{aligned}\cos(2x) &= \frac{2\sqrt{2}}{3} \\ (\cos x)^2 - (\sin x)^2 &= \frac{2\sqrt{2}}{3} \\ 1 - (\sin x)^2 - (\sin x)^2 &= \frac{2\sqrt{2}}{3} \\ 2(\sin x)^2 &= 1 - \frac{2\sqrt{2}}{3} \\ \sin x &= \sqrt{\frac{3 - 2\sqrt{2}}{6}}.\end{aligned}$$

9.

$$\begin{aligned}(\sin x + \cos x)^2 &= \left(\frac{5}{6}\right)^2 \\ (\sin x)^2 + 2 \sin x \cos x + (\cos x)^2 &= \frac{25}{36} \\ 1 + \sin(2x) &= \frac{25}{36} \\ \sin(2x) &= -\frac{11}{36}.\end{aligned}$$

10. (Extraído da Vídeo Aula)

$$\begin{aligned} \frac{\operatorname{sen} 10^\circ \cdot \operatorname{sen} 50^\circ \cdot \operatorname{sen} 70^\circ}{2 \operatorname{sen} 10^\circ \cdot \cos 10^\circ \cdot \operatorname{sen} 50^\circ \cdot \operatorname{sen} 70^\circ} &= \\ \frac{\operatorname{sen}(2 \cdot 10^\circ) \cdot \operatorname{sen} 50^\circ \cdot \operatorname{sen} 70^\circ}{2 \cos 10^\circ} &= \\ \frac{\operatorname{sen} 20^\circ \cdot \operatorname{sen} 50^\circ \cdot \cos 20^\circ}{2 \cos 10^\circ} &= \\ \frac{2 \operatorname{sen} 20^\circ \cdot \cos 20^\circ \cdot \operatorname{sen} 50^\circ}{2 \cdot 2 \cdot \cos 10^\circ} &= \\ \frac{\operatorname{sen} 40^\circ \cdot \cos 40^\circ}{4 \cos 10^\circ} &= \\ \frac{\operatorname{sen} 80^\circ}{8 \cos 10^\circ} &= \\ \frac{\cos 10^\circ}{8 \cos 10^\circ} &= \frac{1}{8}. \end{aligned}$$

11. (Extraído da Vídeo Aula)

$$\begin{aligned} \frac{\cos 36^\circ - \cos 72^\circ}{(\cos 36^\circ - \cos 72^\circ) \cdot 2(\cos 36^\circ + \cos 72^\circ)} &= \\ \frac{2((\cos 36^\circ)^2 - (\cos 72^\circ)^2)}{2(\cos 36^\circ + \cos 72^\circ)^2} &= \\ 2 \left(\frac{1 + \cos 72^\circ}{2} - \frac{1 + \cos 144^\circ}{2} \right) &= \\ \frac{\cos 72^\circ - \cos 144^\circ}{2(\cos 36^\circ + \cos 72^\circ)} &= \\ \frac{\cos 72^\circ + \cos 36^\circ}{2(\cos 36^\circ + \cos 72^\circ)} &= \frac{1}{2}. \end{aligned}$$

12. (Extraído da Vídeo Aula)

$$\begin{aligned} \frac{\sqrt{3}-1}{\operatorname{sen} x} + \frac{\sqrt{3}+1}{\cos x} &= 4\sqrt{2} \\ \frac{\frac{\sqrt{2}}{4}(\sqrt{3}-1)}{\operatorname{sen} x} + \frac{\frac{\sqrt{2}}{4}(\sqrt{3}+1)}{\cos x} &= \frac{\sqrt{2}}{4} \cdot 4\sqrt{2} \\ \frac{\operatorname{sen} 15^\circ}{\operatorname{sen} x} + \frac{\cos 15^\circ}{\cos x} &= 2 \\ \frac{\operatorname{sen} 15^\circ \cos x}{\operatorname{sen} x \cos x} + \frac{\cos 15^\circ \operatorname{sen} x}{\cos x \operatorname{sen} x} &= 2 \\ \frac{2 \operatorname{sen}(x+15^\circ)}{\operatorname{sen}(2x)} &= 2 \\ \operatorname{sen}(x+15^\circ) &= \operatorname{sen}(x+x) \\ x_1 &= 15^\circ \\ x_2 &= 55^\circ \\ x_3 &= 175^\circ \\ x_4 &= 295^\circ. \end{aligned}$$

13. (Extraído da Vídeo Aula)

$$\begin{aligned} \left(\cos \frac{\pi}{24} \right)^4 - \left(\operatorname{sen} \frac{\pi}{24} \right)^4 &= \\ \left[\left(\cos \frac{\pi}{24} \right)^2 + \left(\operatorname{sen} \frac{\pi}{24} \right)^2 \right] \left[\left(\cos \frac{\pi}{24} \right)^2 - \left(\operatorname{sen} \frac{\pi}{24} \right)^2 \right] &= \\ 1 \cdot \left[\cos \left(2 \cdot \frac{\pi}{24} \right) \right] &= \\ \cos \frac{\pi}{12} &= \\ \cos \left(\frac{\pi}{4} - \frac{\pi}{6} \right) &= \\ \cos \frac{\pi}{4} \cos \frac{\pi}{6} + \operatorname{sen} \frac{\pi}{4} \operatorname{sen} \frac{\pi}{6} &= \\ \frac{\sqrt{2}}{2} \cdot \frac{\sqrt{3}}{2} + \frac{\sqrt{2}}{2} \cdot \frac{1}{2} &= \\ \frac{\sqrt{6} + \sqrt{2}}{2}. \end{aligned}$$

14. (Extraído da EEAR - 2016)

$$\begin{aligned} \cos 735^\circ &= \cos 15^\circ \\ &= \cos(45^\circ - 30^\circ) \\ &= \cos 45^\circ \cos 30^\circ + \operatorname{sen} 45^\circ \operatorname{sen} 30^\circ \\ &= \frac{\sqrt{2}}{2} \cdot \frac{\sqrt{3}}{2} + \frac{\sqrt{2}}{2} \cdot \frac{1}{2} \\ &= \frac{\sqrt{6} + \sqrt{2}}{4}. \end{aligned}$$

Resposta C.

15. (Extraído da FUVEST - SP) Usando o Teorema de Pitágoras, temos $AB = 5\sqrt{2}$ e, conseqüentemente, $AD = BD = 5$. Assim:

$$\begin{aligned} \operatorname{sen} x &= \operatorname{sen}(\angle BAC - \angle BAD) \\ &= \operatorname{sen} \angle BAC \cdot \cos \angle BAD - \operatorname{sen} \angle BAD \cdot \cos \angle BAC \\ &= \frac{7}{5\sqrt{2}} \cdot \frac{5}{5\sqrt{2}} - \frac{5}{5\sqrt{2}} \cdot \frac{1}{5\sqrt{2}} \\ &= \frac{7}{10} - \frac{1}{10} \\ &= \frac{3}{5}. \end{aligned}$$

Resposta C.

16. (Extraído da PUC - RJ - 2015) Se $\operatorname{sen} x = -\frac{1}{3}$, então $\cos = -\frac{2\sqrt{2}}{3}$. Assim, temos $\operatorname{sen}(2x) = 2 \operatorname{sen} x \cos x = 2 \left(-\frac{1}{3} \right) \left(-\frac{2\sqrt{2}}{3} \right) = \frac{4\sqrt{2}}{9}$. Resposta E.

17. (Extraído da IFCE - 2014) Se $\operatorname{sen} x = -\frac{2}{3}$, então $\cos x$ pode ser $\frac{\sqrt{5}}{3}$ ou $-\frac{\sqrt{5}}{3}$. Além disso, $\operatorname{sen}(-x) = -\operatorname{sen} x = \frac{2}{3}$.

Sendo assim, temos:

$$\begin{aligned} \cos(2x) \cdot \operatorname{sen}(-x) &= \\ ((\cos x)^2 - (\operatorname{sen} x)^2) \cdot \frac{2}{3} &= \\ \left(\frac{5}{9} - \frac{4}{9}\right) \cdot \frac{2}{3} &= \\ \frac{1}{9} \cdot \frac{2}{3} &= \frac{2}{27}. \end{aligned}$$

Resposta B.

18. (Extraído do IME - 2015) Seja r a razão da PA, então $a = b - r$ e $c = b + r$. Aplicando a Lei dos Cossenos, temos:

$$\begin{aligned} \cos \alpha &= \frac{b^2 + c^2 - a^2}{2bc} = \frac{b^2 + (b+r)^2 - (b-r)^2}{2b(b+r)} = \frac{b+4r}{2(b+r)} \text{ e} \\ \cos \theta &= \frac{a^2 + b^2 - c^2}{2ab} = \frac{(b-r)^2 + b^2 - (b+r)^2}{2(b-r)b} = \frac{b-4r}{2(b-r)}. \end{aligned}$$

$$\text{Temos ainda que } \operatorname{tg} \frac{\alpha}{2} = \sqrt{\frac{1 - \frac{b+4r}{2(b+r)}}{1 + \frac{b+4r}{2(b+r)}}} = \sqrt{\frac{b-2r}{3(b+2r)}}$$

$$\text{e } \operatorname{tg} \frac{\theta}{2} = \sqrt{\frac{1 - \frac{b-4r}{2(b-r)}}{1 + \frac{b-4r}{2(b-r)}}} = \sqrt{\frac{b+2r}{3(b-2r)}}. \text{ Multiplicando}$$

os valores encontrados para estas tangentes, encontramos

$$\operatorname{tg} \frac{\alpha}{2} \cdot \operatorname{tg} \frac{\theta}{2} = \sqrt{\frac{(b-2r)(b+2r)}{9(b+2r)(b-2r)}} = \frac{1}{3}. \text{ Por fim, temos:}$$

$$\begin{aligned} \frac{\cos \frac{\alpha - \theta}{2}}{\cos \frac{\alpha + \theta}{2}} &= \\ \frac{\cos \frac{\alpha}{2} \cos \frac{\theta}{2} + \operatorname{sen} \frac{\alpha}{2} \operatorname{sen} \frac{\theta}{2}}{\cos \frac{\alpha}{2} \cos \frac{\theta}{2} - \operatorname{sen} \frac{\alpha}{2} \operatorname{sen} \frac{\theta}{2}} &= \\ \frac{1 + \operatorname{tg} \frac{\alpha}{2} \operatorname{tg} \frac{\theta}{2}}{1 - \operatorname{tg} \frac{\alpha}{2} \operatorname{tg} \frac{\theta}{2}} &= \\ \frac{1 + \frac{1}{3}}{1 - \frac{1}{3}} &= 2. \end{aligned}$$

Resposta B.

19. (Extraído do ITA - 2015)

a)

$$\begin{aligned} \operatorname{sen} \frac{\pi}{2n} &= \sqrt{\frac{2 - \sqrt{3}}{4}} \\ \left(\operatorname{sen} \frac{\pi}{2n}\right)^2 &= \frac{2 - \sqrt{3}}{4} \\ \sqrt{3} &= 2 - 4 \left(\operatorname{sen} \frac{\pi}{2n}\right)^2 \\ \frac{\sqrt{3}}{2} &= 1 - 2 \left(\operatorname{sen} \frac{\pi}{2n}\right)^2 \\ \frac{\sqrt{3}}{2} &= \cos \frac{\pi}{n} \\ n &= 6. \end{aligned}$$

b) Se $\operatorname{sen} \frac{\pi}{12} = \sqrt{\frac{2 - \sqrt{3}}{4}}$, então $\cos \frac{\pi}{12} = \sqrt{\frac{2 + \sqrt{3}}{4}}$. Além disso, se $\cos(2x) = 1 - 2\operatorname{sen}^2 x$, então $\operatorname{sen}^2 x = \frac{1 - \cos(2x)}{2}$, sendo que, para $x = \frac{\pi}{24}$, temos $\operatorname{sen}^2 \frac{\pi}{24} = \frac{2 - \sqrt{2 + \sqrt{3}}}{4}$, segue que $\operatorname{sen} \frac{\pi}{24} = \frac{\sqrt{2 - \sqrt{2 + \sqrt{3}}}}{2}$.